

JAY JALARAM AYURVEDIC MEDICAL COLLEGE, SHIVPURI

WORLD AUTISM AWARENESS DAY

Date :	08 April 2026
Venue :	Class Room
Organized by :	Department of Kaumarbhritya

World Autism Awareness Day was observed and celebrated with enthusiasm in the Class Room on 8th April 2026 with the primary aim of raising comprehensive awareness, fostering acceptance, and promoting societal empathy for individuals on the Autism Spectrum. The official theme for World Autism Awareness Day 2026 was "**Autism and Humanity – Every Life Has Value**", reinforcing the message that every individual deserves respect, understanding, and equal opportunities in society.

The programme commenced at 2:00 PM. The event was hosted and anchored by Nachiketa Maheta and Drashti Rohit, initiating the session with a warm welcome address followed by an informative didactic presentation. The session systematically covered the core clinical characteristics of Autism Spectrum Disorder (ASD), including neurodevelopmental behavioral markers, social communication differences, and early pediatric screening methods.



Class room presentation session on Autism Spectrum Disorder Students and faculty attending the awareness session in the class room

Students actively participated in preparing digital presentations and visual educational materials. Key topics presented included diagnostic screening criteria, breaking pervasive societal myths surrounding autism, and supportive neurodevelopmental healthcare approaches in Ayurvedic pediatrics (Kaumarbhritya).

JAY JALARAM AYURVEDIC MEDICAL COLLEGE, SHIVPURI

Event Glimpses & Awareness Campaign — World Autism Day



Faculty and student presenters with the campaign theme Interactive group presentation on "What is Autism?"

Dr. Nitesh Shukla and Dr. Khyati Rohit shared invaluable clinical insights with students, highlighting the essential role of early childhood screening, parental guidance, individualized behavioral therapies, and compassionate clinical management. They emphasized how Ayurvedic concepts of child development and cognitive health can complement holistic developmental care.



Student presentation of clinical infographics in class room

The programme concluded successfully with a formal vote of thanks delivered by Nachiketa Maheta and Drashti Rohit, expressing heartfelt gratitude to the respected trustees, institutional leadership, faculty mentors, and enthusiastic student participants whose dedication made the awareness drive a resounding success. *(Report compiled by Department of Kaumarbhritya • Jay Jalaram Ayurvedic Medical College, Shivpuri)*

WORLD PARKINSON'S DAY AWARENESS PROGRAMME

Organized by: Department of Panchakarma

Venue: Panchakarma OPD

Jay Jalaram Ayurved Medical College & Hospital, Shivpuri, Kakanpura, Gujarat

Introduction

On the occasion of **World Parkinson's Day**, the Department of Panchakarma organized an **OPD-level awareness programme** at the Panchakarma OPD. The programme was conducted with the aim of creating awareness among **patients and students** regarding Parkinson's disease, its clinical features, prevention, management, and the role of Ayurveda and Panchakarma in supportive care.

Objectives

The main objectives of the awareness programme were:

- To spread awareness about Parkinson's disease among patients and students.
- To provide basic knowledge regarding the signs and symptoms of Parkinson's disease.
- To explain the importance of early recognition and appropriate medical consultation.
- To create awareness regarding the Ayurvedic understanding of Parkinsonism, particularly **Kampavata**.
- To educate students and patients about the supportive role of **Ayurveda, Panchakarma, yoga, exercise, and lifestyle modification**.
- To encourage patients to follow appropriate treatment and rehabilitation measures.

Activities Conducted

The awareness activity was conducted during the routine functioning of the **Panchakarma OPD**. Students and patients attending the OPD were provided with information regarding Parkinson's disease.

The faculty members explained the common clinical manifestations of Parkinson's disease, including **tremor, rigidity, slowness of movement (bradykinesia), postural instability, and gait disturbances**. The importance of timely diagnosis, regular follow-up, physical activity, and rehabilitation was also discussed.

An Ayurvedic perspective of the condition was explained to the students, including its correlation with **Kampavata** and the role of aggravated Vata in the manifestation of neurological symptoms. The

principles of individualized Ayurvedic management and the supportive role of Panchakarma procedures were discussed.

Patients were also educated regarding the importance of regular exercise, yoga, proper diet, maintaining physical activity, preventing falls, and following the advice of their treating physician.

Participation

The programme involved **patients attending the Panchakarma OPD and students of the institution**. The interactive nature of the activity allowed participants to ask questions and clarify their doubts regarding Parkinson's disease and its management.

Outcome

The OPD-level awareness programme successfully provided basic and practical knowledge about Parkinson's disease to patients and students. It helped students understand the clinical presentation and Ayurvedic perspective of the disease, while patients received useful information regarding lifestyle, rehabilitation, and the importance of regular medical care.

Conclusion

The **World Parkinson's Day Awareness Programme** conducted by the Department of Panchakarma at the Panchakarma OPD was an informative and meaningful activity. Through direct interaction with students and patients, awareness regarding Parkinson's disease and the holistic approach of Ayurveda and Panchakarma was promoted.

Department of Panchakarma

Jay Jalaram Ayurved Medical College & Hospital
Shivpuri, Kakanpura, Gujarat

World Hemophilia Day Celebration 2026

Department of Kayachikitsa

Jay Jalaram Ayurvedic Medical College &
Smt. Damayantiben Patel Ayurvedic Hospital, Shivpuri, Godhara

Date: 17th April 2026

Venue: 3rd Year Classroom, JJAMC

Time: 02:00 PM to 03:00 PM





The Department of Kayachikitsa organized a program to observe World Hemophilia Day on 17th April 2026 at the Seminar Hall at 2:00 PM. The aim of the program was to create awareness about hemophilia, a rare bleeding disorder in which blood does not clot properly.

The theme for this year, *"Access for All: Women and Girls Bleed Too,"* focused on increasing awareness about bleeding disorders in females.

As part of the program, students actively participated by preparing and presenting handmade posters based on the given theme. Through their creative presentations, students highlighted important aspects such as symptoms, diagnosis, challenges faced by patients, and the need for early detection and proper care.

There were no guest lectures or external participation; the program was entirely conducted by students and departmental members. The activity encouraged student involvement and helped in spreading awareness in an engaging and creative manner.

The event concluded successfully with a message of supporting individuals affected by hemophilia and promoting early diagnosis and awareness.

Organisers:

Dr Sanjay Kamble

Dr. Radha Hara

Dr. Naiya Upadhyay



