

REPORT ON WORLD CANCER DAY CELEBRATION 2026

Department of Kayachikitsa

Jay Jalaram Ayurvedic Medical College &

Smt. Damayantiben Patel Ayurvedic Hospital, Shivpuri,

Godhara

Date: 4th February 2026

Venue: Seminar Hall, JJAMC

Time: 04:00 PM to 05:00 PM



On the occasion of **World Cancer Day**, the Department of Kayachikitsa organized a Cancer Awareness Webinar on 4th February 2026 at Seminar Hall, JJAMC. The program was conducted with the objective of spreading awareness about cancer prevention, early detection, and the importance of timely treatment.

The program commenced with Deep Pragatya (lamp lighting ceremony), symbolizing the light of knowledge and hope in the fight against cancer. Faculty members, respected teachers, and interns participated in the ceremony.

After the inauguration, faculty members delivered insightful speeches highlighting:

- The increasing global burden of cancer
- Importance of early diagnosis and regular health check-ups
- Role of lifestyle modification in cancer prevention
- Contribution of Ayurveda in improving quality of life of cancer patients

Teachers emphasized that awareness is the most powerful tool in combating cancer and encouraged students to actively participate in community education programs.

Intern students also shared their perspectives on cancer awareness. They discussed:

- Common warning signs and symptoms of cancer
- Risk factors such as tobacco use, unhealthy diet, lack of physical activity, and stress
- The importance of public awareness campaigns in rural and urban areas

Interns motivated everyone to spread awareness among the general public and encourage preventive health practices. They stressed that collective efforts can significantly reduce cancer-related morbidity and mortality.

The **WHO Theme for World Cancer Day 2026** is "**United by Unique**", which focuses on placing people at the center of care and recognizing that every individual's cancer journey is unique. The theme highlights personalized care, compassion, and equal access to treatment for all.

The program concluded with a vote of thanks, appreciating the efforts of the organizing committee, faculty members, and students for making the event successful. The celebration served as a meaningful Step toward spreading awareness and reinforcing the message that together we can fight cancer through knowledge, prevention, and unity.

Organizers :

Dr Sanjay Kamble

Dr. Radha Hara

Dr. Naiya Upadhyay

Date-13/02/2026

Report on Sexual and Reproductive Health Awareness Day Celebration

The Department of Prasuti Tantra Evum Stree Roga (PTSR) of Jay Jalaram Ayurvedic Medical College, attached with Smt. Damayantiben Patel Ayurvedic Hospital, Shivpuri, Godhara organized an awareness program on the occasion of Sexual and Reproductive Health Awareness Day on 12th February at Anganwadi and School, Vinzol.

The main objective of the program was to spread awareness about sexual and reproductive health among adolescent girls, women, and school students. Faculty members and students from the department actively participated in the program and conducted educational sessions for the participants.

During the awareness session, important topics such as menstrual hygiene, adolescent health, personal hygiene, prevention of reproductive tract infections, and the importance of proper nutrition and healthy lifestyle were explained in simple and understandable language. The speakers emphasized the importance of maintaining good hygiene, awareness about bodily changes during adolescence, and seeking proper medical guidance when required.

To make the program more engaging and effective, students of the department performed an awareness drama (skit) highlighting the importance of menstrual hygiene, reproductive health awareness, and breaking the social taboos related to these topics. The drama conveyed important health messages in an interesting and easily understandable manner, which was highly appreciated by the audience.

The session was interactive, where participants were encouraged to ask questions and clarify their doubts. Faculty members guided them regarding healthy practices and proper reproductive health care. The program proved to be very informative and beneficial for the Anganwadi

workers, school students, and women of the local community. It helped in spreading awareness and promoting a positive attitude towards sexual and reproductive health.

Overall, the program was successfully conducted by the Department of Prasuti Tantra Evum Stree Roga with the aim of improving community awareness and encouraging healthy lifestyle practices among adolescents and women.

