

NSS Week 2026 Report

Jay Jalaram Ayurvedic Medical College, Shivpuri

An NSS camp was successfully organized by **Jay Jalaram Ayurvedic Medical College, Shivpuri** on 9th- 15th February 2026 at Vinzol village, located near the college campus.

Day 1 – 9th February 2026

The camp commenced with a formal inauguration ceremony at Vinzol village. The program began with the lighting of the lamp and welcome address. The objectives of the NSS camp were explained to the villagers and volunteers, emphasizing community service, health awareness, and social responsibility.

After the inauguration, NSS volunteers conducted a village visit. During this visit, students interacted with villagers, understood local health concerns, and spread awareness regarding hygiene, sanitation, and preventive healthcare. The activity helped volunteers gain practical exposure to community health needs.



Day 2 – 10th February 2026

On the second day, a health camp was organized at the Government Primary School, Vinzol. A general health check-up camp was conducted for villagers and school children, where basic health parameters were examined and necessary guidance was provided.

Additionally, NSS volunteers presented a drama focusing on Ayurveda awareness. The drama highlighted the importance of Ayurvedic principles, healthy lifestyle practices, and preventive healthcare in daily life. The performance received positive appreciation from the villagers and effectively conveyed the message of traditional healthcare values.



Day 3 – 11th February 2026

The village visit program was organized by the National Service Scheme (NSS) with the objective of spreading health awareness among school students started at 10 30Am.

As part of this program, we visited two different schools in the village.

Firstly, ma'am and sir gave a brief introduction about the purpose of the visit. In total, we performed four dramas (street plays) on different topic.

In the first school name Primary School, Vinzol their we performed two dramas based on menstrual hygiene.

In the second school name Secondary School, Vinzol school their we performed two different dramas focusing on awareness regarding tobacco smoking and Ayurved jagrukta.

In the Anganwadi of vinzol village there is an performance on drama based on HIV.

At the end a health check up camp organised for the children by the department of Kaumarabhrtya.



Day 4 – 12th February 2026

A medical camp was organized at Vinzol Village by the National Service Scheme (NSS) with the aim of providing basic healthcare services to the villagers started at 10 Am .

The program was conducted under the guidance of our consultant doctor of different department. Along with the consultant doctor, interns and second-year students also participated enthusiastically in the camp.

During the camp, general health check-ups were carried out for the villagers. Basic examinations such as blood pressure measurement, and general physical examination were performed.

The interns and second-year students assisted the consultant doctor in examining patients, maintaining records, and guiding villagers regarding health awareness and preventive care.



Day 5 – 13th February 2026

As a part of NSS Week celebration, a Forest Visit to Shamli Forest near the college campus was organized by Jay Jalaram Ayurvedic Medical College, Shivpuri. The visit was conducted in collaboration with the, **Department of Rasashastra and Bhaishajya Kalpana**, **Department of Dravyaguna Vigyana**, and **Department of Agadtantra evam Vidhi Vaidyaka**.

The main objective of the visit was to provide practical exposure to students regarding the identification and study of medicinal plants in their natural habitat. Faculty members from the respective departments guided the students and explained the botanical features, Ayurvedic pharmacological properties (Rasa, Guna, Virya, Vipaka), therapeutic uses, and toxicological aspects of various plants.

The **Department of Dravyaguna Vigyana** elaborated on identification, classification, and medicinal properties of the plants. The **Department of Rasashastra and Bhaishajya Kalpana** explained the pharmaceutical importance and utility of certain plants in Ayurvedic formulations. The **Department of Agadtantra evam Vidhi Vaidyaka** highlighted toxic plants, poisonous effects, and their management principles.

Students actively participated in plant identification and interactive discussions, which helped bridge the gap between theoretical and practical knowledge. The visit enhanced awareness regarding conservation of medicinal plants and their importance in Ayurvedic practice.

The program was successfully conducted under the guidance of faculty members and NSS coordinators as a meaningful academic activity during NSS Week.



Day 6 – 14th February 2026

The National Service Scheme (NSS) unit of our college organized a visit to a Vridh Ashram (Old Age Home) along with a Health Check-up Camp as part of the NSS special camp activities.

The program aimed to serve society and provide care and support to elderly people. The NSS volunteers visited the old age home where we interacted with the elderly people.

The visit brought happiness to the elderly people, and it was an emotional and learning experience for all of us.

A health check-up camp was organized for the elderly people by doctor with the students. The doctors conducted general health examinations such as blood pressure check-up, blood sugar testing, weight measurement, and basic medical consultation.



Day 7 – 15th February 2026

An tree plantation program was organized at our college under the guidance of the NSS unit.

The students and NSS volunteers actively participated in planting saplings in the college campus and Various types of plants were planted. The tree plantation drive was successfully conducted with great enthusiasm and teamwork.

