





Jay Jalaram Ayurvedic Medical College, Shivpuri

TRANSITIONAL CURRICULUM 2025-26



PRERNA CHARITABLE TRUST'S


JAY JALARAM AYURVEDIC MEDICAL COLLEGE

Attached with



Smt. Damyantiben Patel Ayurved Hospital



At : Shivpuri, Po. Kakanpur, Ta. Godhra, Dist. Panchmahal, Gujarat, 388 713

Recognised by : National Commission for Indian System of Medicine
Ministry of AYUSH, Government of India, New Delhi
Affiliated to : Gujarat Ayurved University, Jamnagar.



Ayurpraveshika (आयुरप्रवेशिका)
"Transitional Curriculum"
(An introductory gateway into Ayurveda)





Jay Jalaram Ayurvedic Medical College

At: Shivpuri, P: Kakanpur, Ta: Godhra, Dist: Panchmahals, Gujarat. Pin: 388713

Report on Transitional curriculum for First Professional BAMS Batch 2025-26

"आयुरप्रवेशिका" 2025-26
10th Nov. to 28th Nov.

Transitional curriculum of ASU (Ayurveda), a 15 days program was designed as per the regulations and guidelines from national commission of Indian system of medicine, New Delhi, for first professional BAMS Batch 2025-26.

In order to give orientation about course and curriculum of B.A.M.S. to Newly admitted students in first year BAMS 2025-26 batch, a 15 days program was successfully arranged in Jay Jalaram Ayurvedic Medical College, Shivpuri, Godhra, Gujarat under guidance of Dr. Siba Prasad sir (Principal, Jay Jalaram Ayurvedic Medical College, Godhra) from 10th November 2024 to 28th November 2025.

Transitional curriculum 'आयुरप्रवेशिका 2025-26' was efficiently organized by team of JJAMC faculties lead by Organizing secretary Dr.Chirag Purohit Sir & Anjali Sharma Ma'am.

DAY-1

The Inauguration Programme was held in the Seminar Hall hall of the college by the management. The program started with Pooja of lord Dhanvantari. Singing of Dhanvantari Stawan by First Year Senior students and Deep Prajawalan by Dr.Vijay Patel Sir (President of Prerna Charitable Trust, Rampura, Godhra) & Shree P.M. Patel Sir (Trustee of Prerna Charitable Trust). A heart warming welcome was delivered by Dr Vijay Patel Sir. In his message he explained how good environment is provided by Jay Jalaram Ayurvedic Medical College to their students and how teaching staff has serious attitude and respect for their work. Jay Jalaram Ayurvedic Medical College is always been abide for comprehensive growth of students and institute and importance of discipline in professional courses.welcome of all the student was done with Kumkum Tilak and Gud.



In afternoon, College Campus and Hospital Visit All Department and OPD/IPD by Dr.Bansari Patel, Dr.Parth Chandak, Dr. Swati Dabhi,Dr. Divya Gosai & Dr. Chirag Purohit. Dr Chirag Purohit give information about College, Hospital and staff. In last session mindfulness activity was arranged by First Year Students.



DAY-2

Lecture-1:- Dr. Bhadresh Patel, Discuss on Ayurveda Avatarana from different sampradayas.

Lecture-2:-Dr. Chirag purohit :- Role-Play: applying for leave & library check-in.

Lecture-3:- Dr. Sanita Eppalpalli :- Simulation of antiragging scenarios; poster-making -say No to ragging problem solution mapping of student concerns.

Lecture-4:- Dr. Nayya Upadhyay :- Discussion on purpose of life and lifestyles.

Lecture-5:-Mr Ajay Kumar Jadav :- Library visit and digital resource search (PubMed, AYUSH portal)

In Last Session Games were organised by First Year Senior Batch, in which they played Musical Chair



DAY-3

Lecture-1:- Dr. Parth Chandak:- Interactive quiz/discussion.

Lecture-2:- Dr. Romana Barodiya :- Sloka recitation of Eight branches of Ayurveda.

Lecture-3:- Dr. Rukmini Patel:- Storytelling : share one traditional home practice for health.

**Lecture-4:- Dr.Swati Dabhi:- Fact search on AYUSH and NCISM portals.
World map pin-up activity-Mark countries recognizing/practicing ayurveda (online\offline)**

In Last Session Games were organised by First Year Senior Batch, in which they played Dumb Charades.



DAY-4

Lecture-1:-Dr. Alpesh Patel :- Proposed Higher Education Pathways in Ayurveda (M.D./M.S./Ph.D., Super specialty courses Different Career opportunities after BAMS: Practice, wellness centers, Pancha Karma Units, Govt. Ay. Dispensary, Entrepreneurship.

Lecture-2:-Dr. Bhadresh Patel:- Overview of BAMS Curriculum; Introduction to the competency-based curriculum and syllabus of First Professional BAMS subjects.

Lecture-3:-Dr. Vishal Gome :- Concept of Dosha, Dhatu, Mala in brief with application aspects.

Lecture-4:- Dr. Sandeep Dahilekar :- Ayurveda beyond Practice: Capacity Building activities in Entrepreneurship development in context of Ayurveda field.

Lecture-5:- Dr. Sanita Eppalpalli :- Introduction to kriya sharir concepts, Syllabus, Orientation on cadaver room etiquettes.

Lecture-6:- Dr.Ravina Baria :- Healing Hands and Compassionate Hearts: Reflection activity.



DAY-5

Lecture-1:- Dr. Chirag Purohit :- वदतुसंस्कृतम् Sanskrit Orientation, Basics of Sanskrit alphabet, pronunciation or as annexed.

Lecture-2:-Dr. Bhadresh Patel :- Indian Philosophical system – Overview of Darshanas linking to Ayurveda, Sankhya, Nayaya, Vaisheshika.

Lecture-3:- Dr. Parth Chandak :- Who is good Vaidya (Charaka's view) professional code of conduct/personal code of conduct Reflection activity: why have chosen Ayurveda (My Roots in Ayurveda)



DAY-6

Lecture-1:- Dr. Chirag Purohit :- वदतुसंस्कृतम् Sanskrit Orientation – Basic Grammar or as annexed (Annexure – 2)

Lecture-2:- Dr. Bansari Patel:- Public Health and Ayurveda in community (Role of Ayurveda in Public Health)

Lecture-3:- Dr. Nitesh Shukla :- Self-directed, self- motivated, learning skills and studying skills.

Lecture-4:- Dr. Khyati Rohit :- Healthy Food, Diet pattern, Nutritional plate, Nutritional values usually required.

Lecture-5:- Dr. Swati Dabhi :- Regulatory Bodies; NCISM, concerned Universities, Directorate of Ayush, State ISM Registration councils.



DAY-7

Lecture-1:- Dr. Pragna Baria :- First aid training basic/cuts wound, sprains, shock, bleeding and other common emergency situations.

Lecture-2:- Dr. Radha Hara :- Basic life support (BLS) training, Emergency protocols, CPR theory (adults, children, infants)

Lecture-3:-Dr. Alpesh Patel :- Inspirational talk by senior Vaidya/Professor about why ayurveda is more relevant than ever/my journey as an ayurvedic doctor.

Lecture-4:- Dr. Divya Gosai :- Environmental hygiene: Concept of Janapadadwamsa in ayurveda.

Lecture-5:-Dr. Swati Dabhi & Dr. Bansari Patel :- Ayurvedic herbology, field visit, herbal garden, incubation center, Ayurveda hospital, district ayurveda hospital, medicine manufacturing unit, any nearby Institute of National Importance (Anyone which is convenient as per availability nearby institution)



DAY-8

Lecture-1:- Dr.Divya Gosai :- Environmental hygiene: Concept

Lecture-2:- Dr.Janki Pandya :- Hand Hygiene&Universal Precautions. Infection Control Measures.

Lecture-3:-Dr. Parth Chandak :- Heritage in young hands: Youth as brand ambassadors of Ayurveda.

Lecture-4:- Dr. Khyati Rohit :- Healthy Food, Diet pattern, Nutritional plate, Nutritional values usually required.

Lecture-5:- Dr. Sandeep Dahilekar :- Research awareness and evidence based ayurveda: Orientation.

Lecture-6:- Dr. Akshaya Yagnik :- e-samskara, building digital competence: Basic Computer Skills: MS Word, excel, PowerPoint etc. with AI.



DAY-9

Lecture-1:- Dr. Bansari Patel :- Role of Artificial intelligence in Academics AI in education, diagnostic research.

Lecture-2:- Dr. Alpesh Patel :- Nation building: Ayurveda as a pillar of India's Health security.

Lecture-3:- Dr. Chirag Purohit:- वदतुसंस्कृतम् Spoken Sanskrit: Ayurvedic Terminology Pronunciation or as annexed.

Lecture-3:- Dr. Bhadresh Patel :- Guest Health policy in Lecture - Charak Samhita, Ayurveda's role in shaping Modern Health diplomacy.

Lecture-4:-Dr. Vishal Gome :-Ayurveda & Communication/ media studies.

Lecture-5:- Dr. Swati Dabhi :- Glory of Ayurveda in Global Health.

Lecture-6:-Dr.Dipal Damor :- Ayurveda ethics & Philosophy in context of Sadvritta.



DAY-10

Lecture-1:- Dr. Sanjay Kamble :- Pride in becoming a Healer- -Interactive session.

Lecture-2:- Dr. Sanita Eppalpalli :- Siddhi' – Time management for obtaining academic and clinical excellence. Ayurveda & Personalized Medicine. Prakriti as a key to preventive and curative health.

Lecture-3:- Dr. Chirag Purohit :- वदतुसंस्कृतम् Spoken Sanskrit: Introduction to Chhandas or as annexed.

Lecture-4:- Dr. Tarak bhagora :- Success Stories of Ayurveda in action: real life patient care success story by expert in modern research.

Lecture-5:- Dr. Chirag Purohit:- वदतुसंस्कृतम् Spoken Sanskrit: Introduction to Chhandas or as annexed (Annexure –2)

Lecture-6:- Dr.Rukmini K Patel:- Integrative tradition with ambition: Goal setting in ayurveda education.

Lecture-7:- Dr.Siba Prasad Sharma:- Effective time management strategies: Sankalpa.



DAY-11

Lecture-1:- Dr. Radha Hara:- Ayurveda Psychology— correlations of Satva, Rajas, Tamas with Modern Psychology.

Lecture-2:- Dr. Sanjay Kamble :- Applying Triguna theory for Emotional Intelligence, Stress management and Atmanirbharata.

Lecture-3:- Dr. Bansari Patel :- National Health Programmes&Role of Ayurveda.

Lecture-4:- Dr. Chirag Purohit :- वदतुसंस्कृतम् Shloka Recitation Practice or as annexed (Annexure – 2).

Lecture-5:-Dr. Akshaya Yagnik :- Cultural Competence & Disability Awareness: empathy as therapy to disability care and rehabilitations.

Lecture-6:-Dr.Sandeep Dahikekar:- Soft skills&Life skills in Ayurvedic context, building collaborative skills. (Communication&empathy-based care)



DAY-12

Lecture-1:- Dr. Chirag Purohit:- वदतुसंस्कृतम् Sanskrit Practice: Interactive Grammar or as annexed (Annexure – 2)

Lecture-2:- Shree Prakash Joshi :- message of life.

Lecture-3:- Jitendra Narayan:- manmaking charatreulling.

Lecture-4:- Dr. Mahesh Chand Gupta:- laghutrayi & bruhadtrayi



DAY-13

Lecture-1:- Dr. Chirag Purohit:- वदतुसंस्कृतम् Sanskrit Practice Session or as annexed (Annexure – 2)

Lecture-2:- Dr. Megha Patel :- Basic understanding of Ashtanga yoga for physical and mental well-being.

Lecture-3:- Dr. Bhadrash Patel :- Reflection: —Empathy and Expression.

Lecture-4:- Dr. Pragna Baria :- Orientation on co curricular arrangement, indoor outdoor sports facilities, house formation (Allotment of students to mentors)

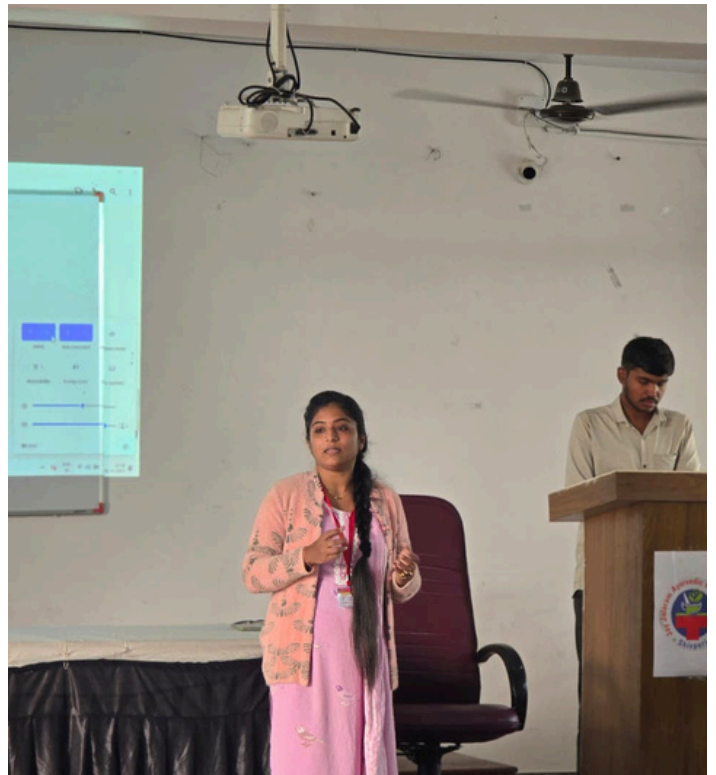


DAY-14

Lecture-1:- Dr. Chirag Purohit :-वदतुसंस्कृतम् Sanskrit Practice: Interactive Grammar or as annexed (Annexure – 2).

Movie :- The Pursuit Of Happyness.

Lecture-2:- Dr.Swati Dabhi :- Ayurveda and agriculture (Krishi Ayurveda)



DAY-15

Lecture-1:- Dr. Chirag Purohit :- वदतुसंस्कृतम् Sanskrit Practice: Interactive Grammar or as annexed (Annexure – 2)

Lecture-2:- Dr. Kamlesh bhogayata :- What is Ayurveda?

Skill activity :- Speech, Singing by First Year Senior Students...



