

CURRICULUM

Intern coordinators : Dr Ravina Baria , Dr Dipal Damor

06/11/2025 – THURSDAY				
1 st Day - Introduction, Hospital Orientation & Professional Readiness:				07Hrs
Sl. No	Content	Hrs.	Proposed expected outcomes at the end of this Orientation programme, (as well as at the end of complete one year internship where an intern should be aware of)	Resource person
	Inaugural Function: ❖ Pretest- a) Pre-test to be conducted before commencement of orientation. b) The questions shall be within the framework of the Internship. c) The questionnaire should include 30 questions. d) Google forms or any other suitable tools may be used.	9.00-10.00am 01 hr	Baseline Competency Assessment (Pre-Test) • The pre-test will assess interns' knowledge of core Ayurveda and basic clinical skills before starting hospital postings. • This helps institutions identify learning gaps and plan remedial sessions.	Dr Ravina Baria, Asst Professor, Dept of Shalakya Tantra, JJAMC
Session-1				
01	❖ General rules, regulation and Leave policies ❖ Code of conduct ❖ Provisional Registration procedure ❖ OPD / IPD duties and responsibilities Departmental Duty Postings a) The interns should be oriented with general rules and regulations of the hospital, their code of conduct and responsibilities during postings. b) Duration of posting in different departments as per schedule of internship adopted by the hospital.	10.00-12.00 2 hr	• To develop into disciplined, ethically responsible, clinically competent Ayurveda physicians, aligned with NCISM standards of functionality of institute and hospital. • To be familiar with hospital and system duty protocols, hospital administration	Dr Janki Pandya, Asst Professor, Dept of Shalya Tantra, JJAMC
Session-2				
02	Pharmacy & Pharmaco-vigilance – ❖ Introduction to Hospital/College Pharmacy ❖ Dispensing Practices: ❖ Classical formulations (churna, ghrita, taila, avaleha, asava-arishtha, vati/gutika), Proprietary medicines, SOPs for OPD and IPD supply, Label interpretation ❖ (drug name, composition, dose, anupana, expiry date, batch number) ❖ Observation of untoward events ❖ Documentation and reporting of ADR a) Demonstration of case record form of ADR. Knowledge of Right Dose, time of administration and duration of the formulations	12-1pm 01 hrs	• To understand the functioning of pharmacy unit within an Ayurveda hospital. • To gain hands-on knowledge of dispensing, labeling, and storage practices. Be able to counsel patients confidently about medicine use and safety. • To appreciate the importance of quality control and documentation in pharmacy practice	Dr Rukmini K Patel, Prof & HOD, Dept of RSBK, JJAMC

Session-3				
03	Laboratory – a) Data Documentation b) Sample Collection, Storage and Transport c) Hands on training on instrumentation d) Laboratory etiquettes - Hands on training on blood sample collection techniques, handling of equipments. ❖ Disposal of samples after testing	2:00-3:00pm 1hr	- To increase the efficiency of best current evidence for application into clinical practice and reduce the burden of decision making. - To prepare interns to utilize diagnostic investigations responsibly, maintain safety and accuracy, and integrate laboratory evidence with Ayurvedic clinical judgment, thereby improving the quality of patient care.	Dr Sandeep Dahilekar, Prof & HOD, Dept of RNVV, JJAMC
Session-4				
04	Capacity Building and Personality development (any 2) a) Self-learning, collaborative learning, lifelong learning strategies b) Communication skills, critical thinking, soft skills, empathy and respecting conduct, confidence and personal growth, public speaking, Patient Interaction, Bedside Manners etc.	3:00 to 4:00 1hr	- To get acquainted with clinical skills and communication. - To evolve into competent, ethical, and confident Ayurveda professionals capable of delivering quality healthcare and assuming leadership roles in clinical and community settings.	Dr Vijay Sir, Principal, JJHMC
Session-5				
05	❖ Biomedical waste disposal ❖ Hospital infection Control ❖ Patient safety Goals e) Hands on training of collection, segregation and disposal of BMW (Interns may be divided into three groups and conduct the activities parallel and by swapping the batches) f) Hands on training of Hand washing techniques, Gloving, Spill management a) Mock drill of different codes of NABH.	4:00 to 5:00	- To get acquainted with hospital protocols. - To develop competence in safe clinical practice, ensuring that Ayurvedic hospitals meet national standards of biomedical waste management, infection control, and patient safety, thereby protecting patients, staff, and environment	Dr Sanita E, Associate Professor, Dept of Kriyasharir, JJAMC

07/11/2025 – FRIDAY				
2 nd Day: Kayachikitsa, Panchakarma & Clinical Records -				07Hrs
Sl. No	Content	Hrs.	Proposed expected outcomes at the end of this Orientation, (as well as at the end of complete one year internship where an intern should be aware of)	Resource person
Session-1				
01	Know AYUSH Regulatory bodies: - Information regarding AYUSH Ministry and its functions. - Knowledge of different National and State Organizations, State ISM registration councils and other regulatory bodies related to ASU system.	9.00 To 10.00	AYUSH Regulatory bodies such as AYUSH Ministry, NCISM, Concerned State AYUSH Directorate, State ISM Registration councils to be known.	Dr Romana Barodi Asst Professor, Panchakarma, JJAMC
Session-2– online (zoom)				
02	Communication leadership and counselling: ❖ Patient counselling ❖ Cultural sensitivity ❖ Compassionate approach ❖ Team work	10.00 To 11.00	• To become Expert in history taking, examination Empathy and belief in team work. • Interns will emerge as effective communicators, responsible leaders, and empathetic counselors, aligning with NCISM's vision of producing competent Ayurveda physicians with strong professional and ethical values.	Dr Vivekananda Kulloli, Prof & HOD, Dept of shalya Tantra, IARH, Rajkot
Session-3				
03	Kayachikitsa (Internal Medicine) ❖ OPD card & IPD notes writing - The essential contents include - Detailed examination of the concerned system related to chief complaint, Grading, scoring and diagrammatical representation of the symptoms present. - Essential contents of prescription – Order of ASUS medicines, Medication Name, Dosage Form, Anupana (Vehicle), Dosage, Frequency, Route of Administration, Duration, Prescriber's Signature, Other Instructions: Pathya, Apathya. (Food and lifestyle – Compatible and non-compatible) ❖ Discharge card writing - Hands on training on prescription writing by giving a certain clinical scenario specific to the department. - Writing of Patient progress note and discharge summary. ❖ Mock drill of emergency condition like shock etc. ❖ (Unavailability of instrument may hinder hands on training so we need to explain how they gonna hand train for each specific op and ip)	11.00 To 01.00	<i>all routine works such as case taking, investigations, diagnosis and management of common diseases by Ayurvedic medicine; routine clinical pathological work such as hemoglobin estimation, complete haemogram, urine analysis, microscopic examination of blood parasites, sputum examination, stool examination, Mutra evam Mala pariksha by Ayurvedic method, interpretation of laboratory data and clinical findings and arriving at a diagnosis and all pathological and radiological investigation useful for monitoring the deterioration of different disease conditions;</i> <i>(iii) training in routine ward procedures and supervision of patients in respect of their diet, habits and verification of medicine schedule.</i>	Dr Radha Hara, Associate Professor, Dr Naiya Upadhaya, Asst Professor, Dept of Kayachikitsa, JJAMC

Session-4				
04	Medical Records department (MRD) and documentation standards: ❖ Introduction to MRD and its importance in patient care ❖ Types of records: OPD slips, IPD files, lab reports, consent forms, birth/death certificates, and discharge summaries. ❖ Record maintenance and retrieval protocols.	2-3pm 01 Hrs	• To familiarize interns with systematic documentation practices in clinical settings. • To make interns understand the role of MRD in NABH accreditation and medico- legal compliance. • To enable interns to appreciate the value of accurate, timely, and ethical record-keeping	Dr Komal Jani, Medical Superintendent, Smt Damayntiben Patel Ayurveda Hospital
Session-5				
02	Panchakarma OPD card & IPD notes writing a) Therapy Notes – Name of therapy, Type of medication, Application method, Duration and Observation. b) Detailed examination of the concerned system related to chief complaint, Grading, scoring and diagrammatical representation of the symptoms present. c) Prescription writing d) Daily assessment and observation notes on IPD case paper e) Documentation (recording of Registers) f) Scheduling of Appointments of Procedures ❖ The interns should be made familiar with the appointment schedule of different therapeutic procedures. ❖ Hands on training/Demonstration of various procedures like snehan, swedan and various types of Basti etc. (Procedure writing)	3-5pm 02 Hrs	(i) <i>Panchakarma & Upakarma procedures and techniques regarding Purva Karma, Pradhan Karma and Pashchat Karma;</i> (ii) <i>management of procedural complications, counselling of patients for procedures, maintenance of therapy rooms etc.</i>	Dr. Siba Prasad, MD PhD Panchakarma, Principal, JJAMC

08/11/2025 – SATURDAY				
3 rd – Day: Shalya, Shalakya & Medico-Legal Orientation - 07Hrs				
Sl. No	Content	Hrs	Proposed expected outcomes at the end of this Orientation, (as well as at the end of complete one year internship where an intern should be aware of)	Resource person
Session-1				
01	Shalya tantra - Surgery ❖ OPD card & IPD notes writing ❖ Detailed examination of the concerned system related to chief complaint, Grading, scoring and diagrammatical representation of the symptoms present. ❖ Prescription writing specific to surgery department ❖ OT etiquettes ❖ Discharge card writing a) Hands on training on writing notes of surgery by giving a certain clinical/ Surgical scenario. b) Writing of Patient progress note and discharge summary. Hands on training of OT etiquettes and various procedures performed in surgery department.	9:00 to 11:00 2 Hrs	(i) clinical examination, Diagnosis and Management of common surgical disorders according to Ayurvedic principles; (ii) management of certain surgical emergencies such as fractures and dislocations, acute abdomen; (iii) practical training of aseptic and antiseptics techniques, sterilization; (iv) intern shall be involved in pre-operative and post-operative managements; (v) practical use of local anesthetic techniques and use of anesthetic drugs;	Dr Mahesh Patel, Associate Professor, Dr Pragna Baria, Asst Professor, Dept of Shalya Tantra, JJAMC
Session-2				
02	Shalakya tantra Hands on training on application of instruments. ❖ Kriyakalpa unit management ❖ OPD card & IPD notes writing ❖ Detailed examination of the concerned system related to chief complaint, Grading, scoring and diagrammatical representation of the symptoms present. ❖ Prescription writing specific to Shalakya department ❖ Discharge card writing a) Hands on training on clinical examination and writing notes of Eye and ENT surgery by giving a certain clinical/ Surgical scenario. b) Writing of Patient progress note and discharge summary. Hands on training of Kriyakalpa (procedures) performed in Eye and ENT department.	11:00 to 1:00 2 Hrs	(i) Diagnosis and Management of common surgical disorders according to Ayurvedic principles; (ii) intern shall be involved in Pre-operative and Post-operative managements; (iii) surgical procedures in Ear, Nose, Throat, Dental problems, Ophthalmic problems; (iv) examinations of Eye, Ear, Nose, Throat and Refractive Error with the supportive instruments in Out-Patient Department; and (v) all kriyakalpas, Nasya, Raktamokshan, Karnapuran, Shirodhara, Putpak, Kawal, Gandush at Out-Patient and In -patient Department level.	Dr Tarak B, Associate Professor, Dr Ravina Baria, Asst Professor, Dept of Shalakya Tantra, JJAMC

Session-3				
03	Medico-legal aspects and Ethics – NCISM regulations (National Commission for Indian System of Medicine (Ethics and Registration) Regulations, 2023).- The interns must be given knowledge of regulations regarding ethics for Rights and privileges of ISM practitioners.	2:00 to 3:00 01 Hrs	- To understand code of Ethics, Misconduct and punishment, Rights of practitioner. - Through this orientation, interns will evolve into ethically responsible and legally aware Ayurveda physicians, capable of delivering safe, transparent, and patient-centered healthcare in alignment with NCISM regulations and national medico-legal frameworks.	Dr Alpesh Patel, Associate Professor, Dept of Agad Tantra, JJAMC
Session-4				
04	❖ Knowledge of HIMS (Hospital information Management system): ❖ Hands on training of interns regarding – registration with generation of unique ID, management of OPD and IPD patients, referral, Prescription writing etc. ❖ The interns must be made familiar with contents, duration and conditions suitable or not suitable for issuing medical certificate with ethical consideration. ❖ Interns must be made familiar with different types of consents related to different clinical scenarios and departments.	3:00 to 4:00 1 Hr	- Orientation in HIMS will prepare interns to be digitally literate, patient-safety oriented, and legally compliant practitioners, capable of integrating Ayurveda practice with modern digital health infrastructure. - To be able to improve patient care and organizational efficiency.	Dr Janki Pandya, Asst Professor, Shalya Tantra, JJAMC
❖ Session-5				
05	Drug and Magic remedy Act: ❖ Medical certificate writing. ❖ Briefing of medico legal aspects of objectionable advertisement.	4:00 to 5:00 1 Hr	- Understanding and act to control advertisement. - Prohibit the advertisement for claiming treatment of objectionable conditions - Familiar with medical certificate. Interns will emerge as ethically responsible and legally aware practitioners, capable of avoiding misleading drug practices, complying with the Drug & Magic Remedies Act, and issuing medical certificates with legal and professional validity.	Dr Parth Chandak, asst Professor, Dept of RSBK, JJAMC

10/11/2025 – MONDAY				
4 th – Day: SRPT, KB & Emergency Preparedness			: 07 Hrs	
Sl. No	Content	Hrs	Proposed expected outcomes at the end of this Orientation, (as well as at the end of complete one year internship where an intern should be aware of)	Resource person
Session-1				
01	Kaumarbrutya - (Pediatrics): ❖ Vaccination – Cold chain and record keeping ❖ NICU management and Etiquettes ❖ OPD card & IPD notes writing ❖ Detailed examination of the concerned system related to chief complaint ❖ Anthropometric measurements for growth assessment – e.g. height and weight ❖ Immunization record ❖ Essential elements of prescription as drug form, dosage and frequency are to be written on OPD and IPD case sheets. ❖ Discharge card writing a) Hands on training on prescription writing by giving a certain clinical scenario specific to the department. b) Writing of Patient progress note and discharge summary. c) Demonstration of cold chain maintenance	9:00 to 11:00 2 Hrs	<i>(i) Care of new born along with immunization programme including Svarnaprashana:</i> <i>(ii) Important pediatric problems and their Ayurvedic management;</i> <i>(iii) panchakarma in children.</i>	Dr Nitesh Shukla, Associate Professor, Dr Khyati, Asst. Professor, Dept of Koumara Bhritya, JJAMC
Session-2				
02	Awareness & Orientation of NABH standards updated for Ayurveda Hospitals a) Basic knowledge of NABH standards b) Patient centered NABH Standards	11.00 To 12.00 1hr	• To get acquainted with NABH standards. • To Aware on orientation of NABH standard updated for ayurvedic hospitals, give overall brief expected outcome. • To get Aware on NABH standards will ensure that Ayurveda hospitals function with enhanced patient safety, quality assurance, ethical governance, and standardized clinical protocols, thereby preparing interns to deliver healthcare at par with national and global benchmarks.	Dr Ravi pandya Associate Professor JJHC, Morva
Session-3				

03	Ayushmaan Bharat Digital Mission (ABDM): Telemedicine and E-Sanjeevani, Hand on training on HPR portal, Tele-medicine, and e-sanjeevani should be given to interns.	12.00 To 1.00 1 hrs	- Familiar with Tele-medicine components of ABDM such as HPR, HFR, ABHA etc. - Universal digital health infrastructure, patient empowerment, better care continuity. - Increased healthcare access, cost-effective delivery, and stronger rural-urban connectivity.	Dr Swati dabhi, Asst Professor, Dept of Dravyaguna, JJAMC
Session-4-- online Zoom				
04	Stree Roga evam Prasuti Tantra (Gynecology and Obstetrics): ❖ Labour Theater etiquettes ❖ OPD card, ANC card & IPD notes writing ❖ Detailed examination of the concerned system related to chief complaint, Grading, scoring and diagrammatical representation of the symptoms present. ❖ Prescription writing specific to PTSR department ❖ Discharge card writing a) Hands on training of various gynaecological examination and procedures. Writing of birth note and discharge summary.	2.00 To 4.00 2 Hrs	<i>(i) antenatal and post-natal problems and their remedies, antenatal and post-natal care;</i> <i>(ii) management of normal and abnormal labours; and</i> <i>(iii) minor and major obstetric surgical procedures including Yoni Purna, Yoni Pichu, Uttarbasti etc.</i> <i>(iv) all routine works such as case taking, investigations, diagnosis and management of common striroga by Ayurvedic medicine;</i> <i>(v) screening of common carcinomatous conditions in women.</i>	Dr Jasmine Gujarati, Prof & HOD, Dept of PTSR, GJPIASR
Session-5				
04	Team Building Activities for interns: a) The intern coordinator/intern In-charge/ Resource person will divide the interns in different batches of appropriate size for effective participation of all interns and conduct the team building activity. b) The planning of the activity can be done one day before for better outcome. ❖ Team building activities for interns must aim to enhance teamwork, communication, and morale within their group, ultimately boosting overall performance and fostering a more positive work environment.	01 hrs	- Team building activities, group energy realization. - Interns will emerge as ethically responsible and legally aware practitioners, capable of avoiding misleading drug practices, complying with the Drug & Magic Remedies Act, and issuing medical certificates with legal and professional validity.	Dr Divya Gosai, Asst Professor, Dept of PTSR, JJAMC

11/11/2025 – TUESDAY				
5 th - Day - Public Health, PHC Training & Digital Health -				07 Hrs
Sl. No	Content	Hrs	Proposed expected outcomes at the end of this Orientation, (as well as at the end of complete one year internship where an intern should be aware of)	Resource person
Session-1				
01	Swasthavrutta & Yoga (Lifestyle Management, Public Health and yoga): Roles and responsibilities in respect to Dietary regimen and Yoga. a) The interns should be given hands on training of diet charts preparation. b) Small group activity can be done for diet chart preparation and yogasana/for different clinical conditions. c) Small Role play/Skit on diurnal and seasonal regimen.	9.00 To 11.00 02 hrs	<i>(i) programme of prevention and control of locally prevalent endemic diseases including nutritional disorders, immunization, management of infectious diseases, etc.;</i> <i>(ii) family welfare planning programme;</i> <i>(iii) Aahar and Vihar Parikalpana including Dinacharya, Sadvritta (Life style and diet counseling daily seasonal routines); and</i> <i>(iv) practice of Ashtang Yoga.</i>	Dr Bansari Patel, Asst Professor, Dept of Dravyaguna Dr Nayya Upadhyay, Asst Professor, Dept of Kayachiksta
Session-2				
02	Primary Health Care (PHC): Orientation on The internship training in Primary Health Centre or Community Center or Rural Hospital or District Hospital or Civil Hospital or any Government Hospital of modern medicine or Ayurvedic Hospital or Dispensary - During the six months internship training in Primary Health Centre or Rural Hospital or Community Health Centre or District Hospital or any recognized or approved hospital of Modern Medicine or Ayurvedic Hospital or Dispensary.	11.00 To 12.00 01 Hrs	<i>(A) get acquainted with routine of the Primary Health Centre and maintenance of their records;</i> <i>(B) get acquainted with the diseases more prevalent in rural and remote areas and their management;</i> <i>(C) involve in teaching of health care methods to rural population and also various immunization programme;</i> <i>(D) get acquainted with the routine working of the medical or non-medical staff of Primary Health Centre and be always in contact with the staff in this period;</i> <i>(E) get familiarized with the work of maintaining the relevant register like daily patient register, family planning register, surgical register, etc. and take active participation in different Government health schemes or programme;</i> <i>(F) participate actively in different National Health Programme implemented by the State Government.</i>	Dr Dipal damor, Asst Professor, Panchakarma, JJAMC

Session-3				
03	Medical value travel and AYUSH VISA: ❖ Introduction to Heal by India and Heal in India.	12.00 To 1.00 01 hrs	- Know opportunities to treat foreign nationals within the country and outside the country. - Broaden your perspective on healthcare delivery beyond India. - Equip you with skills to participate in India's global health mission. - Empower you to be an ambassador of Ayurveda and Indian wellness traditions worldwide.	Dr Sandeep Dahilekar, Prof & HOD, RNVV, JJAMC
Session-4				
04	Atyayikchkitisa (Emergency or Casualty Management) – a) Demonstrate common protocol of Casualty section. b) Sensitize internees with emergency medications and common types of emergencies. c) Management protocols and medications related instruments in emergency management.	2.00 To 4.00 2 hrs	<i>The intern shall be practically trained to acquaint with and to make him competent to deal with all emergency conditions and participate actively in casualty section of the hospital in identification of casualty and trauma cases and their first aid treatment and also procedure for referring such cases to the identified hospitals</i>	Dr sanjay Kamble, Prof & HOD, Dept of Kayachikitsa, JJAMC
Session-5				
05	National Examinations: Information about (National Commission for Indian System of Medicine (National Examinations for Indian System of Medicine) Regulations, 2023). The interns should be accustomed with the exam regulation of NCISM for different exams like NEXT, NTET etc.	4.00 To 5.00 01 Hr	- Know rules and regulations of NTET and NExtT. - This orientation empowers BAMS interns to stay ahead of regulatory changes. - Build strong foundations for PG, teaching, or practice align with NCISM's vision of modern, competent Ayurveda professionals.	Dr Anjali Sharma, Asst Professor, Dept of Rachana Sharir, JJAMC

12/11/2025 – WEDNESDAY				
6 th - Day: Research, Career Pathways & Valedictory - 07 Hrs				
Sl. No	Content	Hrs	Proposed expected outcomes at the end of this Orientation, (as well as at the end of complete one year internship where an intern should be aware of)	Resource person
Session-1				
01	Entrepreneurial opportunities in AYUSH: ❖ Job or other career opportunities after Graduation. ❖ Knowledge of different prospective fields available for AYUSH interns after completion of degree. ❖ Brief of MSME schemes.	9.00 To 11.00 02 Hrs	• To have insights of start-ups and Capacity building in Entrepreneurship activity. • Feel empowered to start their own ventures. • Recognize their role in public health and wellness innovation. • Be ready to explore non-traditional, impactful career paths.	Dr Badhresh Patel, Associate Professor, Dept of Sanhita Siddhant Dr Akshaya Yagnik, Asst Professor, Dept of Shalakyta Tantra, JJAMC
Session-2				
02	Scientific presentation skills: ❖ Case series presentation ❖ Research aptitude & introduction to clinical audits ❖ Orientation on publication skills ❖ Research and Review article presentation	11.00 To 1.00 02 hr	• One should be able to publish papers in indexed, UGC and Scopus Journals. • This orientation enables BAMS interns to: Present Ayurveda with scientific rigor. • Gain confidence in academic forums; • Bridge traditional knowledge with modern communication standards.	Dr Sandeep Dahilekar, Prof & HOD, RNVV, JJAMC
Session-3				

	Orientation to E-Logbook & sensitization on mandatory online National programme as prescribed by NCISM. ❖ Introduction to NCISM-mandated electronic logbook system. ❖ Structure of the logbook: case records, procedures (Observed/Assisted/Performed), reflections. ❖ Integration with HIMS and biometric attendance. ❖ Rules for verification and certification by HOD/Consultant. ❖ Penalties for incomplete or non-certified logbook. ❖ Demo session: how to make daily entries.	2.00 To 3.00 1 hrs	• Interns will learn the importance of systematic documentation . • Ability to use the digital logbook efficiently. • Awareness of how e-logbook contributes to evaluation, a. • To know the required marks information for completion and online National programme as prescribed by NCISM.	Dr Radha Hara, Associate Professor, Dept of Kayachiksta, JJAMC
Session-4				
04	❖ Post Test a) Post-test to be conducted before Valedictory function. b) Pre-Test & Post-Test shall be from the same questionnaire. c) Post-test and Feedback shall be taken at the end of the Internship Orientation program. d) Results of the pre-test and post-test are to be compared. Post-test results must indicate that students achieved the course outcomes. If any aspects are not improved or understood by many students, such aspects need to be addressed. e) Feedback is to be obtained on the content of the Internship Orientation program as well as the mode of conduction and Suggestions for further improvisation.	3.00 To 5.00 02 Hr	• Good knowledge retention of college/hospitals policies, procedures. • Awareness of Internship expectations, such as conduct, communication, and responsibilities. • Readiness to begin tasks with confidence and minimal supervision. • Identification of knowledge gaps • Feedback to improve future	Co ordinators
	f) Interaction with Heads of Departments: Q&A session		orientation programs.	
	❖ Valedictory and Feed back ❖ Vote of Thanks	-	--	Dr Rukmini K Patel, Prof & HOD, Dept of RSBK, JJAMC

