

Nurturing Life: World Breastfeeding Week

World Breastfeeding Week Held from August 1–8, 2025, this initiative by the Kaumarbhritya Department highlighted the indispensable role of breastfeeding in child health. Third-year students conducted awareness sessions in classrooms, clinics, and nearby communities, addressing myths and educating mothers on proper practices. Demonstrations of Ayurvedic supportive herbs for lactation (*Stanya Shodhana Gana Dravyas*) enriched the program. The event also included panel discussions on the challenges faced by working women, offering practical and emotional support mechanisms.



Celebrating Sanskrit: Sanskrit Saptaha 2025

Between August 5–8, 2025, the campus reverberated with the sacred sounds of Sanskrit during 'Sanskrit Saptaha.' Events included a Nagar Yatra that spread awareness about Sanskrit's relevance, Rasa-Prashna contests that tested students' linguistic agility, and group recitations of classical verses. Competitions like Garba, Anuditgeet (Songs translated to Sanskrit), game of Sanskrit Housee, Sanskrit Stotra chanting, and Samuhageet revealed the beauty of integrating culture with learning. The celebrations underscored the role of Sanskrit as the mother tongue of Ayurveda and as a bridge connecting students with timeless heritage.



Standing United: Anti-Ragging Awareness Day

On August 7, 2025, the institution hosted an impactful Anti-Ragging Awareness campaign. Dr. Rukmani's session, titled 'Don't Just Stand and Watch, Stop Ragging! Show Character,' resonated strongly with students. Digital poster exhibitions, short films, and a reel-making competition further emphasized the zero-tolerance policy against ragging. The oath-taking ceremony symbolized unity against bullying and strengthened JJAMC's culture of safety, inclusivity, and respect.



Safe Ayurveda: Pharmacovigilance Program

On August 8, 2025 a dedicated Pharmacovigilance awareness session was held in the seminar hall with active participation from consultants and Medical Officers. Speakers explained the importance of monitoring the safety of Ayurvedic medicines, patient reporting systems, and regulatory guidelines. Real-life case studies were presented to highlight the need for vigilance in integrative healthcare. The program reinforced JJAMC's commitment to patient safety and the responsible use of traditional medicine.



Student Brilliance: Achievement in SPARK-3 Research

On August 14, 2025, JJAMC proudly celebrated the achievement of Mohit Kamleshbhai Devda, a second-year student who completed a research project on the 'Comparative Evaluation of Shelf Life of Lodhradi Lepa and Lodhradi Cream.' Under the mentorship of Dr. Hetal Damor, his project emphasized the importance of innovation in traditional formulations for modern use. His recognition with a 'Very Good' grade under SPARK-3 reflects the rising research culture at JJAMC and motivates peers to blend Ayurveda with scientific validation.



Building Immunity: Suvarnaprashana Camp

On August 21, 2025, the Suvarnaprashana Camp drew parents and children eager to benefit from this time-tested Ayurvedic practice. Faculty members guided parents on the preparation and administration of Suvarnaprashana, which is believed to strengthen immunity, improve intellect, and promote holistic development in children. The program also included a Q&A session addressing modern concerns about child health, bridging ancient wisdom with contemporary parenting.



Divine Celebrations: Ganeshotsava 2025

On August 27, 2025, the college vibrantly celebrated Ganesh Chaturthi. The installation of Lord Ganesha's idol was accompanied by devotional songs, prayers, and aarti. Students organized cultural programs, including dance and music performances, making the occasion festive and joyful. The celebrations ended with collective prayers for knowledge, prosperity, and removal of obstacles, reinforcing the spiritual fabric of the campus.



Fit and Strong: National Sports Day

Observed 30th August 2025, National Sports Day celebrated physical health and teamwork. A series of inter-departmental competitions in athletics, yoga demonstrations, and indoor games fostered a spirit of sportsmanship among students. Faculty encouraged participants to adopt regular physical activity as part of their lifestyle, in line with Ayurvedic principles of balancing exercise with diet and mental rest. The day concluded with medal distributions to winners, boosting enthusiasm across the campus.



Faculty Excellence: Gold Medal Recognition

The academic year 2025 brought pride to JJAMC when Dr. Bansari Patel, Assistant Professor in Dravyaguna, received the prestigious Kusumben Laxmiprasad Atrivedi Smriti Chandrak Gold Medal at the ITRA Convocation in Jamnagar. The award was conferred by Hon. Minister of State for AYUSH, Shri Prataprao Jadav. Her recognition was a testament to years of dedication to research, teaching, and clinical excellence, positioning her as a role model for young aspirants of Ayurveda.

