



2022-23

## TRANSITIONAL CURRICULUM 'वेदोपनयन'

 Prerna Charitable Trust's  
**Jay Jalaram Ayurvedic Medical College**  
At. Shivpuri, Po. Kakanpur, Ta. Godhra, Dist. Panchmahals, Gujarat

**॥वेदोपनयन ॥**  
**TRANSITIONAL CURRICULUM**  
**For First Professional BAMS**  
As Directed by NCISM, New Delhi


**॥शास्त्रं ज्योति प्रकाशार्थं दर्शनं बुद्धिरात्मनः॥**

  
प्रणामोत्तरः, प्रणामाद्यन्तर्गतम्



**JAY JALARAM AYURVEDIC MEDICAL  
COLLEGE,  
SHIVPURI, GODHRA**

**"वेदोपनयन"**

**TRANSITIONAL  
CURRICULUM 2022-23**



# Jay Jalaram Ayurvedic medical college

At: Shivpuri, P: Kakanpur, Ta: Godhra, Dist: Panchmahals, Gujarat. Pin: 388713

## Report on Transitional curriculum for First professional BAMS Batch 2022-23

### “वेदोपनयन” 2022-23

21<sup>st</sup> Feb 2023 to 15<sup>th</sup> March 2023

Transitional curriculum of ASU (Ayurveda), a 15 days program was designed as per the regulations and guidelines from national commission of Indian system of medicine, New Delhi, for first professional BAMS Batch 2022-23.

In order to give orientation about course and curriculum of B.A.M.S. to Newly admitted students in first year BAMS 2022-23 batch, a 15 days program was successfully arranged in Jay Jalaram Ayurvedic Medical College, Shivpuri, Godhra, Gujarat under guidance of Dr. Dattatreya Kharosekar sir (Principal, Jay Jalaram Ayurvedic Medical College, Godhra) from 21<sup>st</sup> Feb 2023 to 15<sup>th</sup> March 2023.

Transitional curriculum ‘वेदोपनयन 2022-23’ was efficiently organized by team of JJAMC faculties lead by Organizing secretary Dr. Supriya A. Bankar (Associate Prof., Dept. of Kriya Sharira, JJAMC).

#### Day 1

The Inauguration program started with pooja of Lord Dhanwantari, singing of Dhanwantari stawan and Deep prajwalan by Chief guest Dr. Vijay Patel sir (President, Prerna Charitable trust, Rampura, Godhra.), Trustee Shri P. M. Patel sir (Prerna Charitable Trust) and Dr. Dattatreya Kharosekar sir. A heart-warming welcome remark was delivered by Dr. Vijay Patel sir. In his message Dr. Vijay Patel sir stressed that Jay Jalaram Ayurvedic medical college has always been abide for comprehensive growth of students and institute and also importance of discipline. Welcome of all students, parents and guests was done with kumkum tilak (Kumkum-chokha) and Sweets.

Dr. Vijay Patel sir, Principal Dr. Dattatreya Kharosekar, all faculties of Jay Jalaram Ayurvedic Medical college interacted with students and parents. All doubts were cleared.

After inaugural Function Dr. Dattatreya Kharosekar sir elucidated students and parents about importance of transitional curriculum. Allotment of mentors was done.



Prerna Charitable Trust's

## Jay Jalaram Ayurvedic Medical College

At. Shivpuri, Po Kakanpur, Ta-Godhra, Dist Panchmahals, Gujarat Pin 388713

### "वेदोपनयन"

Transitional Curriculum for FYBAMS Batch 2022-23

## Inaugural Function

\*Deep Prajwalan & Dhanwantari poojan.  
Dhanwantari stawan.

Ganesh Vandana

Classical Dance performance by FYBAMS (2021-22) girls.

Welcome of new students with Kumkum chokha and Sweets.

Welcome Speech

by Principal Dr. Dattatraya Kharosekar Sir.

Speech by Chief Guest

Dr. Vijay Patel sir (President, Prerna Charitable trust, Shivpuri.)

Mr. P. M. Patel sir (Trustee, Prerna Charitable trust, Shivpuri.)

Interaction with Parents.

Feedback

by Students of FYBAMS 2021-22 & Parents

Vote of Thanks

by Dr Suryakant Patil sir (Vice Principal, JJAMC).

Lunch.

In afternoon Session Interaction with Students and Allotment of mentors.



**Venue: Seminar hall, JJAMC**

**Date: 21st February 2023**

**Time: 9.30 a.m. Onwards**

Prerna Charitable Trust's

# Jay Jalaram Ayurvedic Medical College

At. Shivpuri, Po. Kakanpur, Ta. Godhra, Dist. Panchmahals, Gujarat




**॥ वेदोपनयन ॥**

**TRANSITIONAL CURRICULUM**

**For First Professional BAMS**

**As Directed by NCISM, New Delhi**



**॥ शास्त्रं ज्योति प्रकाशार्थं दर्शन बुद्धिरात्मनः ॥**





## Day 2

**Lecture 1-Pre-Test** was taken for assessment of primary knowledge of students about Ayurveda.

**Lecture 2- Vadatu Sanskritam** by Dr Chirag Purohit (M.A, PhD. (Sch). Sanskrit, Assistant professor, Samhita siddhanta dept. JJAMC). Understanding of Sanskrit is very important for Ayurveda students because all our texts are in sanskrit.

**Lecture 3-Topic:** All sciences are based on their own fundamental principles and Ayurveda also have unique philosophy. To introduce students with Basic principles of Ayurveda was by Dr. Sanita E (Associate professor,Sharir Kriya dept. JJAMC.)

**Lecture 4:** Rules & Regulations of campus, code of conduct, dress code by Dr. Suryakant Patil (Associate professor, Agad Tantra, dept., JJAMC).

**Lecture 5-** An overview of the BAMS Curriculum, subjects, including MSE-2021 by Dr. Dattatray Kharosekar (Principal, HOD, Professor, Dept. of Kayachikitsa, Jay Jalaram Ayurvedic Medical College, Godhra)

After lecture students visited first year departments along with respective faculties, brief introduction was given to students about their subjects and syllabus by Dr. Sanita E. (Associate professor,Sharir Kriya dept. JJAMC.)

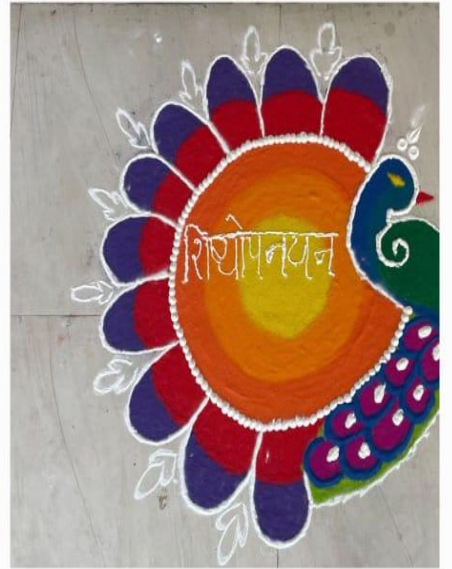


### Day 3

On 3<sup>rd</sup> day of program on Shukla paksha and Shubha Muhurta Shishyopanayana Sanskar and Dhanwantari yaag was arranged. Everyone was in traditional attire bright white kurties and pajamas. Program was held in seminar hall of JJAMC. Whole atmosphere was joyful and cheering. Shishyopanayana ceremony of all students done by Dr. Chirag Purohit sir in duly manner.

Students visited second year departments along with respective faculties, brief introduction was given to students about their subjects and syllabus by Dr. Pradeep Tidake (Associate professor, Dravya Guna dept. JJAMC.)

Recreational activity and Quize competition was arranged "QUIZZMANIA "









## Day 4

**Lecture 1 : Orientation of regulatory/ governing bodies (Ministry of AYUSH, N.C.I.S.M, Affiliated universities, State Commissionerate ,directorate etc.) & introduction of their heads by Dr. Krishna Rathod (Associate professor, Samhitasiddhanta dept. JJAMC.).**

**Lecture 2 : Lecture was on Guidance on Goal setting & future scope in field of Ayurved by Dr. Dhaval Dholakiya (Associate Professor, Kaya Chikitsha dept. , J. S. Ayurveda Mahavidyalaya, Nadiad).**

**Lecture 3: Lecture was on Gender sensitization Dr. Jasmina Acharya. (Professor, SRPT dept. , J. S. Ayurveda Mahavidyalaya, Nadiad). Her lecture was so enlightening and informative.**

**Lecture 4: Recent Advances in Ayurveda by Dr. Ankit Paneriya. (Associate Professor, RSBK dept. , J. S. Ayurveda Mahavidyalaya, Nadiad).**

**Lecture 5 : Introduction to Modern Medicine by Dr. Deepak Rathi. (Associate professor, Roga Nidan, dept., JJAMC)**

**Students visited third year departments with respective facilities; brief introduction was given to students about by Dr. Monali Chandak (Associate Professor, Department of SRPT, JJAMC).**



## Day 5

**Lecture 1: Vadatu Sanskritam by Dr Chirag Purohit (M.A, PhD. Sanskrit, Assistant professor, Samhita siddhanta dept. JJAMC)**

**Lecture 2: Clinical exposure of Shalya Tantra (Jaloukavacharana) by Dr. Rahul Bawiskar. (Prof. & HOD Shalyatantra Dept, K.C.Ajmera Ayurved College,Dhule.)**

**Lecture 3: National health policies and goals by Dr. Pradeep Tidake (Associate Professor, Dravyaguna dept. JJAMC).**

**Lecture 4: Role and impact of physician on society by Dr. Dattatray Kharosekar (Principal, HOD, Professor, Dept. of Kayachikitsa, Jay Jalaram Ayurvedic Medical College, Godhra)**

**Lecture 5: Uniqueness of Ayurveda / Siddha/Sowa Rigpa/ Unani(ASSU)compared to other systems of Medicine by Dr. Krishna Rathod (Associate professor, Samhitasiddhanta dept. JJAMC.).**

**Lecture 6: Higher education in Ayurveda by Dr. Janaki Pandya (Assistant Professor, shalyatantra dept. JJAMC).**



## Day 6

**Lecture 1: Vadatu Sanskritam by Dr Chirag Purohit (M.A, PhD. Sanskrit, Assistant professor, Samhita siddhanta dept. JJAMC)**

**Lecture 2: Motivational Lecture by eminent person on topic Herbal medicine business and market by Dr. Ghanashyam Patel, CEO, Green Medic solutions was invited for guest lecture on**

**Lecture 3: Motivational lecture by Dr. Dharmendra Jani (Prof. HOD, Dept. of Dravyaguna, Govt. Ayurved College , Vadodara.**

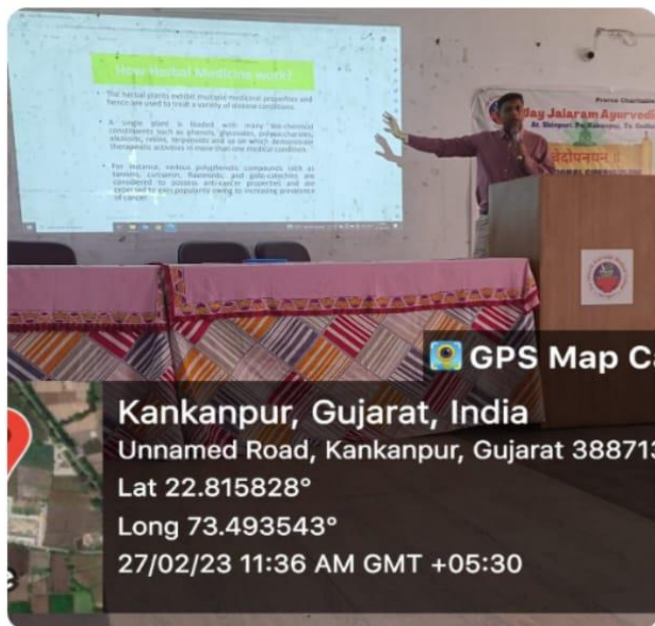
**Lecture 4: Importance of diet in Ayurveda by Dr. Deepa Mehta (Professor, Dravyaguna dept. JJAMC).**

**Lecture 5: Clinical exposure (Shalakyas) by Dr.Komal Jani (Professor, Department of Shalakyatantra, JJAMC)**

**Dr. Janaki Pandya (Assistant Professor, shalyatantra dept. JJAMC) introduced students about hospital.**



Kankanpur, Gujarat, India  
Unnamed Road, Kankanpur, Gujarat 388713  
Lat 22.815828°  
Long 73.493544°  
27/02/23 11:24 AM GMT +05:30



Kankanpur, Gujarat, India  
Unnamed Road, Kankanpur, Gujarat 388713  
Lat 22.815828°  
Long 73.493543°  
27/02/23 11:36 AM GMT +05:30



Kankanpur, Gujarat, India  
Unnamed Road, Kankanpur, Gujarat 388713  
Lat 22.815828°  
Long 73.493547°  
27/02/23 11:23 AM GMT +05:30

## Day 7

**Lecture 1: Yoga practice and relaxation techniques by Dr. Krishna Chaudhari (Assistant Professor, swasthavrita dept. JJAMC).**

**Lecture 2: Vadatu Sanskritam by Dr Chirag Purohit (M.A, PhD. Sanskrit, Assistant professor, Samhita siddhanta dept. JJAMC).**

**Lecture 3: Motivational lecture by Prof. Dr. Kalapi Patel sir Dean, J S Ayurveda Mahavidyalaya. Sir interacted with FYBAMS students.**

**Lecture 4:- Fourth lecture was on Clinical exposure (Panchakarma) By Dr. Megha Patel (Assistant Professor, Panchkarma dept. JJAMC)**

**Lecture 5: Fifth lecture was on Introduction to fundamentals of Homeopathy by Dr. Bhaskar Mehta sir, Professor Jay Jalaram Homeopathic Medical College I, Morva (Rena)**

**Lecture 5: Sixth lecture was on topic of Introduction to basics of Microbiology by Mrs. Fatema Hussain (Incharge Principal, Prerna insitute of Paramedical sciences)**



## Day 8

**Lecture 1: Yoga practice and relaxation techniques by Dr. Krishna Chaudhari (Assistant Professor, swasthavrita dept. JJAMC).**

**Lecture 2: Ayurveda national and international reach, job opportunities, entrepreneurship by Dr. Suryakant Patil (Associate professor, Agad Tantra dept., JJAMC).**

**Lecture 3: Clinical exposure of Shalya Tantra by Dr. Pragna Baria (Assistant Professor, shalyatantra dept. JJAMC).**

**Lecture 4: Biomedical waste management by Nidhi Pandya (BSC Nursing)**

**Lecture 5: Skills –Basic Life Support (BLS) and First Aid by Dr. Alpesh Patel (Assistant professor, Agad dept. JJAMC). Students liked this session as it was informative and practical.**



## Day 9

**Lecture 1: Yoga practice and relaxation techniques by Dr. Krishna Chaudhari (Assistant Professor, swasthavrita dept. JJAMC).**

**Lecture 2: Vadatu Sanskritam by Dr Chirag Purohit (M.A, PhD. Sanskrit, Assistant professor, Samhita siddhanta dept. JJAMC).**

**Lecture 3: Third lecture was on Professional medical ethics by Dr. Vaishali Patil (Assistant Professor, RS&BK dept. JJAMC).**

**Lecture 4: Role of ASU in public health & primary health Centre by Dr. Nikunj Mewada, Vaidya Panchakarma / Deputy Hospital Superintendent Smt Maniben Ayurved Hospital Popatpura, Godhra.**

**Lecture 5: As we all know medical field is very much stressful and management of stress is crucial factor for health of medical professionals, hence Dr. Mayur Patel, MBBS, M.D psychiatrist, Assistant Professor in GMERS, Godhra. guided students on topic Stress management and Capacity building to address medical challenges.**

**Games and activities (debate)**





## YOGA SESSIONS:





## Day:10

**Lecture 1: Vadatu Sanskritam by Dr Chirag Purohit (M.A, PhD. Sanskrit, Assistant professor, Samhita siddhanta dept. JJAMC).**

**Lecture 2: The event was meant to be motivating and enlightening hence second lecture of morning session was scheduled by Dr. Bharat Ramavat Ayurveda Consultant, Panchkarma Physician at Ahmedabad, Assistant professor in Department of Dravyaguna, Ananya Ayurvedic College, Kalol, Gandhinagar, Gujarat, An eminent person in the field of Ayurveda, Motivated our newly admitted students**

**Lecture 3- Clinical exposure (PTSR) by Dr. Monali Chandak (Associate Professor, Department of SRPT, JJAMC)**

**Lecture 4- Goal setting by Dr. Supriya Bankar (Associate Professor, Department of Kriya Sharir, JJAMC)**

**Talent Show**



## Day 11

**Lecture 1: Vadamu Sanskritam by Dr Chirag Purohit (M.A, PhD. Sanskrit, Assistant professor, Samhita siddhanta dept. JJAMC).**

**Lecture 2: Second lecture was on role of nursing staff in patient care by Saloni Mehta ( BSc. Nursing)**

**Lecture 3: Comprehend the learning pedagogy and role in learning skills by Dr. Supriya Bankar (Associate Professor, Department of Kriya Sharir, JJAMC)**

**Lecture 4: Office, library, and leave procedures by Mr. Jayesh Patel.**

### Games and Activities(Indoor)



## Day 12

**Lecture 1: Vadatu Sanskritam by Dr Chirag Purohit (M.A, PhD. Sanskrit, Assistant professor, Samhita siddhanta dept. JJAMC).**

**Lecture 2: Second lecture was on role and impact of physician on society by Dr. Radhika Bhise ((Associate Professor, Department of Panchkarma, JJAMC)**

**Lecture 3: Understanding different methods of self-learning and collaborative learning by Dr. Pradeep Tidake (Associate Professor, Department of Dravyaguna, JJAMC).**

**Lecture 4: Computer basics by Mr. Raj zala.**



## Day 13

**Lecture 1: Vadatu Sanskritam by Dr Chirag Purohit (M.A, PhD. Sanskrit, Assistant professor, Samhita siddhanta dept. JJAMC).**

**Lecture 2: Understanding the process of group learning and group dynamics by Dr. Manjit Patel (Associate Professor, Department of RS&BK, JJAMC).**

**Lecture 3: Personal health and hygiene by Dr. Poonam Patil (Associate Professor, Department of Swasthavritta, JJAMC).**

**Lecture 4: Communication skills in English by Mr. Harshil Trivedi.**

### Games and Activities



## Day 14

**Lecture 1: Vadatu Sanskritam by Dr Chirag Purohit (M.A, PhD. Sanskrit, Assistant professor, Samhita Siddhanta dept. JJAMC).**

**Lecture 2: Communication skills in English by Mr. Harshil Trivedi.**

**Lecture 3: Scope in Pharmaceuticals after BAMS by Dr. Sameer Chauhan, Manager - Scientific Services, Himalaya Wellness Company, Bengaluru.**

**Lecture 4: understanding interpersonal relationship in health care system by Dr. Somraj Kharche (Professor, Department of Kaya Chikitsa, JJAMC).**

**Games and activities (Quiz Mania 22-23)**





## Day 15

**Lecture 1: Vadatu Sanskritam by Dr Chirag Purohit (M.A, PhD. Sanskrit, Assistant professor, Samhita Siddhanta dept. JJAMC).**

**Post Test: Questionnaire of pre test was given again to the student and post test is conducted to assess knowledge gained by students in Transitional curriculum.**

**Goal setting and feedback.**

**Valedictory function:**

**On last day of transitional curriculum in last session valedictory function was arranged to thank all the faculties and students who participated in this programme. Faculties were honored with certificates. Prize distribution was done to winners of various games and activities arranged during this programme.**



Programme was concluded with vote of thanks given by Dr. Supriya Bankar.





ॐ सर्वे भवन्तु सुखिनः । सर्वे सन्तु निरामयाः ।  
सर्वे भद्राणि पश्यन्तु । मा कश्चित् दुःख भाग्भवेत् ॥