



E Newsletter

JAY JALARAM AYU PARIWAR

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Patron Message-

Jjamc organized Transitional Curriculum Programme for newly admitted first year students. I heartly welcome all new students in Jjamc family. I wish them great future in upcoming years. Every New batch comes with new asoirations and dreams, we are dedicated always to try hard for their fulfillment. I feel positive about efforts of all teaching staff taking continuously for betterment of Our Institute. I am thankful to guest Speakers and faculties of JJAMC for sharing their knowledge with newly admitted students.

Resp. Dr. Vijay Patel, M.D(Hom.)

Editorial desk-

NCISM introduced transitional curriculum for first year of academic session, for Ayurveda, Siddha and Unani (ASU) streams. This curriculum was to be implemented by all ASU Undergraduates collages as part of their induction program making it common practice all over country. This sort of introductory program was much needed long since, to fill gap of appreciation between the NEET aspirant and newly admitted newly undergraduate students.

Medical aspirants have to initially clear the National Eligibility cum Entrance Test (NEET) and as per their performance in the entrance test, get enrolled in Ayush institution. In this transitory phase, students who come from diverse backgrounds, deliberations and preparations; need the support from the organizations to experience a sense of belonging, bonding, awareness about their responsibilities and rights. A well-designed induction program helps both the students and faculties to set up a productive learning experience.

Ancient texts have described the Shishyopanayaneeya sanskara as an induction program before starting the formal studies. Acharya Susruta has described the Shishyopanayaneeya process and its significance at the very beginning of his compendium. Under this orientation program, students were enlightened with the ethics of the medical professional, rules of Gurukul, the endeavor of the education.

Among the different aspects of TC implanted, mentoring is the important part of the induction program that imparts confidence in students to work with the faculties. It also provides the joy of of learning along with inculcating human values. The next imperative step is introducing subject and language because Ayurveda philosophy is different from the contemporary era and classical literature is written in Sanskrit.

The success of induction program is accessed through the feedback given by the students from time to time. It was Pretest and post test. Similar Transitional curriculum program took place in Jay Jalaram Ayurved Medical Collage and reported positive results of this program.

Resp.Dr. Dattatraya KharosekarM.D(Ayu.)

Principal, JJAMC

Schedule of Transitional curriculum for First professional BAMS Batch 2022-23

21st Feb 2023 to 15th March 2023

Day	Date	Names of Speakers	Topics of Lectures
1.	21/02/2023	Dr. Vijay Patel Sir & chief guest Principal	Inauguration Function Interaction with parents & students Allotment of mentors
2.	22/02/2023	Dr. VaishaliPatil	Pre test
		ChiragPurohit	Sanskrit language orientation (vadatusanskritam)
		Dr. Sanita E	Basic Principles of Ayurveda
		Dr. SuryakantPatil	Rules & regulations of campus, code of conduct, dress code. Office, library and leave procedures.
		Dr. Dattatraya Kharosekar	An overview of the BAMS Curriculum, subjects, including MSE-2021
		Dr. Sanita E & Dr. Deepak Rathi	Know your institute and department visit- F.Y &S.Y. B.A M.S
3.	23/02/2023		ShishyopnayanSanskar
			Recreational activity & talent show/Quizmania
4.	24/02/2023	Dr. Krishna Rathod	Orientation of regulatory/ governing bodies (Ministry of AYUSH, N.C.I.S.M, Affiliated universities, State Commissionerate, directorate etc.) & introduction of their heads.
		Dr. DhavalDholakiya	Future scope in field of Ayurved.
		Dr. JasminaAcharya	Gender sensitization
		Dr. AnkitPaneriya	Recent Advances in Ayurveda
		Dr. DipakRathi	Introduction to modern medicine
		Dr. MonaliChandak & Dr. JanakiPandya	Know your institute and department visit- T. Y B.A. M .S& Hospital
5.	25/02/2023	ChiragPurohit	Sanskrit language orientation (vadatusanskritam)
		Dr. Rahul Bawiskar	Clinical exposure ShalyaTantra(Jaloukavacharana)
		Dr. PradeepTidake	National health policies and goals
		Dr. DattatreyPandya	Role and impact of physician in society
		Dr. Krishna Rathod	Uniqueness of Ayurveda / Siddha/Sowa Rigpa/ Unani(ASSU)
		Dr. JanakiPandya	Higher education in Ayurveda
6.	27/02/2023	ChiragPurohit	Sanskrit language orientation (vadatusanskritam)
		Dr. Ghanashyam Patel	Motivational lecture
		Dr. DharmendraJani	Motivational lecture
		Dr. Deepa Mehta	Importance of diet in Ayurveda
		Dr. KomalJani	Clinical exposure: ShalakyTantra games and activities
7.	28/02/2023	Dr. Krishna Chaudhari	Yoga practice and relaxation techniques
		ChiragPurohit	Sanskrit language orientation (vadatusanskritam)
		Prof. Dr. Kalapi Patel	Motivational lecture
		Dr. Megha Patel	Clinical exposure: Panchakarma
		Dr. Bhaskar Mehta	Introduction to fundamentals of Homeopathy
		Mrs. FatemaHussain	Introduction to basics of Microbiology

8.	1/03/2023	Dr. Krishna Chaudhari	Yoga practice and relaxation techniques
		Dr. SuryakantPatil	Ayurveda national and international reach, job opportunities, entrepreneurship.
		Dr. PragnaBaria	Clinical exposure: ShalyaTantra
		NishaBhabhor	Biomedical waste management
		Dr. Alpesh Patel	Skills- Basic life support and first aid theoretical explanation & hands-on training
9.	2/03/2023	Dr. Krishna Chaudhari	Yoga practice and relaxation techniques
		ChiragPurohit	Sanskrit language orientation (vadatusanskritam)
		Dr. VaishaliPatil	Professional medical ethics
		Dr. NikunjMewada	Role of ASU in public health & primary health centre
		Dr. Mayur Patel	Stress management and capacity building to address medical management
			Games and activities
10	03/03/2023	ChiragPurohit	Sanskrit language orientation (vadatusanskritam)
		Dr. Bharat Ramavat	Motivational lecture
		Dr. MonaliChandak	Clinical exposure: PTSR
		Dr. SupriyaBankar	Goal setting
			Talent Show
11	04/03/2023	ChiragPurohit	Sanskrit language orientation (vadatusanskritam)
		Salonimehta	Role of nursing staff in patient care
		Dr. SupriyaBankar	Comprehend the learning pedagogy and the role of learning skill
		Mr. Jayeshpatel	Office, library and leave procedure.
			Games and activities(Indoor games)
12	10/03/2023	ChiragPurohit	Sanskrit language orientation (vadatusanskritam)
		Dr. RadhikaBhise	Role and impact of physician on society
		DrPradeepTidake	Understanding different methods of self learning and collaborative learning.
		Mr.RajZala	Computer basics
13	11/03/2023	ChiragPurohit	Sanskrit language orientation (vadatusanskritam)
		Dr. Manjit Patel	Understanding process of group learning and group dynamics.
		Dr. PoonamPatil	Personal health and hygiene(Dincharya)
		Mr. HarshilTrivedi	Communication skills in English.
			Games and activities(Outdoor games)
14	12/03/2023	ChiragPurohit	Sanskrit language orientation (vadatusanskritam)
		Mr. HarshilTrivedi	Communication skills in English.
		Dr. Sameer Chauhan	Scope in Pharmaceuticals after BAMS
		Dr. SomrajKharche	Understanding interpersonal relationship in health care system
			Games and activities(QUIZZ MANIA 22-23)
15	14/03/2023	ChiragPurohit	Sanskrit language orientation (vadatusanskritam)
		Dr. VaishaliPatil	Post Test
			Goal setting and Feedback
			Felicitation and Samaropan



Jay Jalaram Ayurvedic medical college

At: Shivpuri, P: Kakanpur, Ta: Godhra, Dist: Panchmahals, Gujarat. Pin: 388713

Report on Transitional curriculum for First professional BAMS Batch 2022-23

21st Feb 2023 to 15th March 2023

Transitional curriculum of ASU (Ayurveda), a 15 days program was designed as per the regulations and guidelines from national commission of Indian system of medicine, New Delhi, for first professional BAMS Batch 2022-23.

In order to give orientation about course and curriculum of B.A.M.S. to Newly admitted students in first year BAMS 2022-23 batch, a 15 days program was successfully arranged in Jay Jalaram Ayurvedic Medical College, Shivpuri, Godhra, Gujarat under guidance of Dr. Dattatreya Kharosekar sir (Principal, Jay Jalaram Ayurvedic Medical College, Godhra) from 21st Feb 2023 to 15th March 2023.

Transitional curriculum 'वेदोपनयन 2022-23' was efficiently organized by team of JJAMC faculties lead by Organizing secretary Dr. Supriya A. Bankar (Associate Proff., Dept. of KriyaSharira, JJAMC).

Day 1

The Inauguration program started with pooja of Lord Dhanwantari, singing of Dhanwantaristawan and Deep prajwalan by Chief guest Dr. Vijay Patel sir (President, Prerna Charitable trust, Rampura, Godhra.), Trustee Shri P. M. Patel sir (Prerna Charitable Trust) and Dr. Dattatreya Kharosekar sir. A heart-warming welcome remark was delivered by Dr. Vijay Patel sir. In his message Dr. Vijay Patel sir stressed that Jay Jalaram Ayurvedic medical college has always been abide for comprehensive growth of students and institute and also importance of discipline. Welcome of all students, parents and guests was done with kumkumtilak (Kumkum-chokha) and Sweets.

Dr. Vijay Patel sir, Principal Dr. Dattatreya Kharosekar, all faculties of Jay Jalaram Ayurvedic Medical college interacted with students and parents. All doubts were cleared.

After inaugural Function Dr. Dattatreya Kharosekar sir elucidated students and parents about importance of transitional curriculum. Allotment of mentors was done.





Day 2

Lecture 1-Pre-Test was taken for assessment of primary knowledge of students about Ayurveda.

Lecture 2- VadatuSanskritam by DrChiragPurohit (M.A, PhD. (Sch). Sanskrit, Assistant professor, Samhitasiddhanta dept. JJAMC). Understanding of Sanskrit is very important for Ayurveda students because all our texts are in sanskrit.

Lecture 3-Topic: All sciences are based on their own fundamental principles and Ayurveda also have unique philosophy. To introduce students with Basic principles of Ayurveda was by Dr. Sanita E (Associate professor,SharirKriya dept. JJAMC.)

Lecture 4: Rules & Regulations of campus, code of conduct, dress code by Dr. SuryakantPatil (Associate professor, AgadTantra, dept., JJAMC).

Lecture 5- An overview of the BAMS Curriculum, subjects, including MSE-2021 by Dr. Dattatray Kharosekar (Principal, HOD, Professor, Dept. of Kayachikitsa, Jay Jalaram Ayurvedic Medical College, Godhra)

After lecture students visited first year departments along with respective faculties, brief introduction was given to students about their subjects and syllabus by Dr. Sanita E. (Associate professor,SharirKriya dept. JJAMC.)

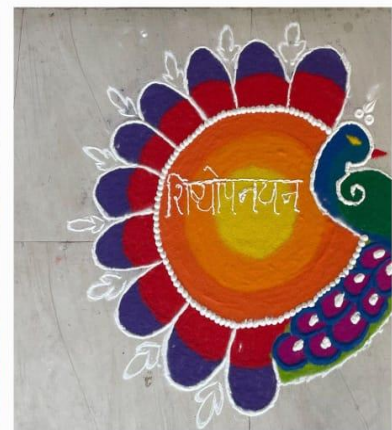


Day 3

On 3rd day of program on Shuklapaksha and ShubhaMuhurtaShishyopanayanaSanskar and Dhanwantariyaag was arranged. Everyone was in traditional attire bright white kurties and pajamas. Program was held in seminar hall of JJAMC. Whole atmosphere was joyful and cheering. Shishyopanayana ceremony of all students done by Dr. ChiragPurohit sir in duly manner.

Students visited second year departments along with respective faculties, brief introduction was given to students about their subjects and syllabus by Dr.PradeepTidake (Associate professor, DravyaGuna dept. JJAMC.)

Recreational activity and Quize competition was arranged "QUIZZMANIA"







Day 4

Lecture 1: Orientation of regulatory/ governing bodies (Ministry of AYUSH, N.C.I.S.M, Affiliated universities, State Commissionerate ,directorate etc.) & introduction of their heads by Dr. Krishna Rathod (Associate professor, Samhitasiddhanta dept. JJAMC).

Lecture 2: Lecture was on Guidance on Goal setting & future scope in field of Ayurved by Dr. DhavalDholakiya (Associate Professor, Kaya Chikitsa dept. , J. S. Ayurveda Mahavidyalaya, Nadiad).

Lecture 3: Lecture was on Gender sensitization Dr. JasminaAcharya. (Professor, SRPT dept. , J. S. Ayurveda Mahavidyalaya, Nadiad). Her lecture was so enlightening and informative.

Lecture 4: Recent Advances in Ayurveda by Dr. AnkitPaneriya. (Associate Professor, RSBK dept. , J. S. Ayurveda Mahavidyalaya, Nadiad).

Lecture 5 : Introduction to Modern Medicine by Dr. Deepak Rathi. (Associate professor, RogaNidan, dept., JJAMC)

Students visited third year departments with respective facilities; brief introduction was given to students about by Dr. MonaliChandak (Associate Professor, Department of SRPT, JJAMC).



Day 5

Lecture 1: VadatuSanskritam by DrChiragPurohit (M.A, PhD. Sanskrit, Assistant professor, Samhitasiddhanta dept. JJAMC)

Lecture 2: Clinical exposure of ShalyaTantra (Jaloukavacharana) by Dr. Rahul Bawiskar. (Prof. & HOD ShalyatantraDept, K.C.Ajmera Ayurved College,Dhule.)

Lecture 3: National health policies and goals by Dr. PradeepTidake (Associate Professor, Dravyaguna dept. JJAMC).

Lecture 4: Role and impact of physician on society by Dr. Dattatray Kharosekar (Principal, HOD, Professor, Dept. of Kayachikitsa, Jay Jalaram Ayurvedic Medical College, Godhra)

Lecture 5: Uniqueness of Ayurveda / Siddha/Sowa Rigpa/ Unani(ASSU)compared to other systems of Medicine by Dr. Krishna Rathod (Associate professor, Samhitasiddhanta dept. JJAMC.).

Lecture 6: Higher education in Ayurveda by Dr. JanakiPandya (Assistant Professor, shalyatantra dept. JJAMC).



Day 6

Lecture 1: VadatuSanskritam by DrChiragPurohit (M.A, PhD. Sanskrit, Assistant professor, Samhitasiddhanta dept. JJAMC)

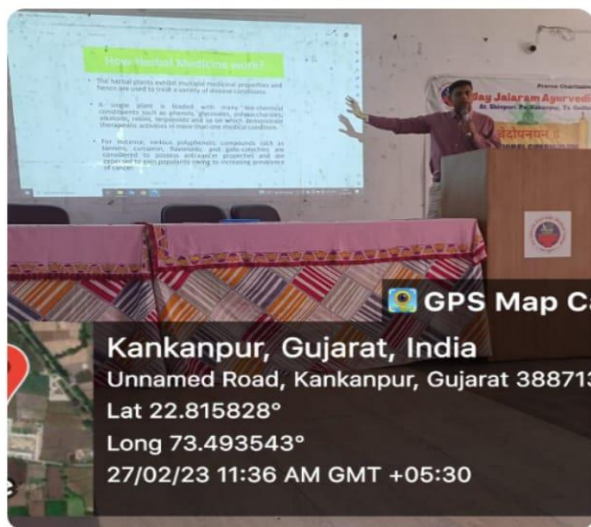
Lecture 2: Motivational Lecture by eminent person on topic Herbal medicine business and market by Dr. Ghanashyam Patel, CEO, Green Medic solutions was invited for guest lecture on

Lecture 3: Motivational lecture by Dr. DharmendraJani (Prof. HOD, Dept. of Dravyaguna, Govt. Ayurved College , Vadodara.

Lecture 4: Importance of diet in Ayurveda by Dr. Deepa Mehta (Professor, Dravyaguna dept. JJAMC).

Lecture 5: Clinical exposure (Shalakyas) by Dr.KomalJani (Professor, Department of Shalakyatantra, JJAMC)

Dr. JanakiPandya (Assistant Professor, shalyatantra dept. JJAMC) introduced students about hospital.



Day 7

Lecture 1: Yoga practice and relaxation techniques by Dr. Krishna Chaudhari (Assistant Professor, swasthavrita dept. JJAMC).

Lecture 2: VadatuSanskritam by DrChiragPurohit (M.A, PhD. Sanskrit, Assistant professor, Samhitasiddhanta dept. JJAMC).

Lecture 3: Motivational lecture by Prof. Dr. Kalapi Patel sir Dean, J S Ayurveda Mahavidyalaya. Sir interacted with FYBAMS students.

Lecture 4:- Fourth lecture was on Clinical exposure (Panchakarma) By Dr. Megha Patel (Assistant Professor, Panchkarma dept. JJAMC)

Lecture 5: Fifth lecture was on Introduction to fundamentals of Homeopathy by Dr. Bhaskar Mehta sir, Professor Jay Jalaram Homeopathic Medical College 1, Morva (Rena)

Lecture 5: Sixth lecture was on topic of Introduction to basics of Microbiology by Mrs. FatemaHussain(Incharge Principal, Prernainsitute of Paramedical sciences)



Day 8

Lecture 1: Yoga practice and relaxation techniques by Dr. Krishna Chaudhari (Assistant Professor, swasthavrita dept. JJAMC).

Lecture 2: Ayurveda national and international reach, job opportunities, entrepreneurship by Dr. SuryakantPatil (Associate professor, Agadtantra dept., JJAMC).

Lecture 3: Clinical exposure of ShalyaTantra by Dr. PragnaBaria (Assistant Professor, shalyatantra dept. JJAMC).

Lecture 4: Biomedical waste management by NidhiPandya (BSC Nursing)

Lecture 5: Skills –Basic Life Support (BLS) and First Aid by Dr. Alpesh Patel (Assistant professor, Agad dept. JJAMC). Students liked this session as it was informative and practical.



Day 9

Lecture 1: Yoga practice and relaxation techniques by Dr. Krishna Chaudhari (Assistant Professor, swasthavrita dept. JJAMC).

Lecture 2: VadatuSanskritam by DrChiragPurohit (M.A, PhD. Sanskrit, Assistant professor, Samhitasiddhanta dept. JJAMC).

Lecture 3: Third lecture was on Professional medical ethics by Dr. VaishaliPatil (Assistant Professor, RS&BK dept. JJAMC).

Lecture 4: Role of ASU in public health & primary health Centre by Dr. NikunjMewada, VaidyaPanchakarma / Deputy Hospital Superintendent SmtManiben Ayurved Hospital Popatpura, Godhra.

Lecture 5: As we all know medical field is very much stressful and management of stress is crucial factor for health of medical professionals, hence Dr. Mayur Patel, MBBS, M.D psychiatrist, Assistant Professor in GMERS, Godhra. guided students on topic Stress management and Capacity building to address medical challenges.

Games and activities (debate)



YOGA SESSIONS:



Day:10

Lecture 1:VadatuSanskritam by DrChiragPurohit (M.A, PhD. Sanskrit, Assistant professor, Samhitasiddhanta dept. JJAMC).

Lecture 2: The event was meant to be motivating and enlightening hence second lecture of morning session was scheduled by Dr. Bharat Ramavat Ayurveda Consultant, Panchkarma Physician at Ahmedabad, Assistant professor in Department of Dravyaguna, Ananya Ayurvedic College, Kalol, Gandhinagar, Gujarat, An eminent person in the field of Ayurveda, Motivated our newly admitted students

Lecture 3- Clinical exposure (PTSR) by Dr. MonaliChandak (Associate Professor, Department of SRPT, JJAMC)

Lecture 4- Goal setting by Dr. SupriyaBankar (Associate Professor, Department of KriyaSharir, JJAMC)

Talent Show



Day 11

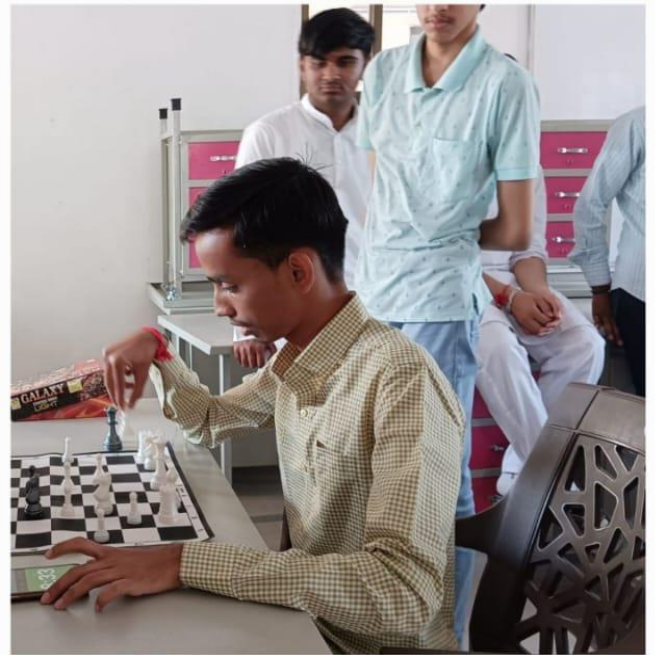
Lecture 1: VadatuSanskritam by DrChiragPurohit (M.A, PhD. Sanskrit, Assistant professor, Samhitasiddhanta dept. JJAMC).

Lecture 2: Second lecture was on role of nursing staff in patient care by Saloni Mehta (BSc. Nursing)

Lecture 3: Comprehend the learning pedagogy and role in learning skills by Dr. SupriyaBankar (Associate Professor, Department of KriyaSharir, JJAMC)

Lecture 4: Office, library, and leave procedures by Mr. Jayesh Patel.

Games and Activities(Indoor)



Day 12

Lecture 1: VadatuSanskritam by DrChiragPurohit (M.A, PhD. Sanskrit, Assistant professor, Samhitasiddhanta dept. JJAMC).

Lecture 2: Second lecture was on role and impact of physician on society by Dr. RadhikaBhise ((Associate Professor, Department of Panchkarma, JJAMC)

Lecture 3: Understanding different methods of self-learning and collaborative learning by Dr. PradeepTidake (Associate Professor, Department of Dravyaguna, JJAMC).

Lecture 4: Computer basics by Mr. Raj zala.



Day 13

Lecture 1: VadatuSanskritam by DrChiragPurohit (M.A, PhD. Sanskrit, Assistant professor, Samhitasiddhanta dept. JJAMC).

Lecture 2: Understanding the process of group learning and group dynamics by Dr. Manjit Patel (Associate Professor, Department of RS&BK, JJAMC).

Lecture 3: Personal health and hygiene by Dr. PoonamPatil (Associate Professor, Department of Swasthavritta, JJAMC).

Lecture 4: Communication skills in English by Mr. HarshilTrivedi.

Games and Activities



Day 14

Lecture 1: VadatuSanskritam by DrChiragPurohit (M.A, PhD. Sanskrit, Assistant professor, SamhitaSiddhanta dept. JJAMC).

Lecture 2: Communication skills in English by Mr. HarshilTrivedi.

Lecture 3: Scope in Pharmaceuticals after BAMS by Dr. Sameer Chauhan, Manager - Scientific Services, Himalaya Wellness Company, Bengaluru.

Lecture 4: understanding interpersonal relationship in health care system by Dr. SomrajKharche(Professor, Department of Kaya Chikitsa, JJAMC).

Games and activities (Quiz Mania 22-23)



Day 15

Lecture 1: VadatuSanskritam by DrChiragPurohit (M.A, PhD. Sanskrit, Assistant professor, SamhitaSiddhanta dept. JJAMC).

Post Test: Questionnaire of pre test was given again to the student and post test is conducted to assess knowledge gained by students in Transitional curriculum.

Goal setting and feedback.

Valedictory function:

On last day of transitional curriculum in last session valedictory function was arranged to thank all the faculties and students who participated in this programme. Faculties were honored with certificates. Prize distribution was done to winners of various games and activities arranged during this programme.

Programme was concluded with vote of thanks given by Dr. SupriyaBankar.







THANK YOU...!!